

DNCE/THEA 691 - LESSON PLAN - SEQUENCE AND TIMELINE

Lesson Title: Giving Aloha with the Giving Tree

Instructor: Kimberlee Stone

Date:

Length: 3 days – 30 min ea.

| |
|--|
| Discipline Content Standard or Key Concept: Aloha – Kindness |
| Student Learning Outcome/s: Students will have a usable definition for Aloha and understand actions that represent giving Aloha for others |
| Enduring Understanding: Students will be able to understand the effects of Aloha on others and practice it more in their every day lives. |
| Essential Question/s: |
| Reflection Questions: What is Aloha? How did the “Giving Tree” show Aloha? How can I better show Aloha in every day life? |

| Lesson Steps Allotted Time | Instructional Activities | Lesson Concepts/Content | Goal of Instructional Activity | Materials / Supplies |
|--------------------------------|---|--|---|----------------------|
| Day 1 Step 1 (7 minutes) | Introduction: Who am I?/Who are you? What are we going to do? Body/Voice/Imagination (Song?) | -- | Introducing them to creative drama through song and sign language, to connect ideas to movement and song. | |
| Step 2 (7 min) | Be Broccoli – Individual Imagery | Students create shapes with their bodies that represent different fruits, vegetables, animals, and items they are familiar with. Towards the end of the activity a couple of students will decide the | Warming up our bodies, voices, and imaginations in an active way. | |

| | | | | |
|-------------------|--|---|--|--|
| | | items we create with our bodies. | | |
| Step 3 (7 min) | Mingle Maker – Group Imagery | Working in randomized groups students will work together to create ONE picture that is asked of them. | Planting the seed of the idea that we all need each other at times to create a fuller, and more beautiful picture. | |
| Step 4 (5 min) | Complete The Picture – Aloha in Pictures | Students will randomly pick a “still scene” from a hat and then work together (and with the help of the teacher/s) to create that picture and identify which parts they play. | Identification of how the parts they play and how they work together to create one picture. | |
| Step 5 (5 min) | What is Aloha? Did we show Aloha today? | Reflection question, introducing the concept of Aloha/Kindness. | Connecting concepts to activities we did today. | |

| Lesson Steps Allotted Time | Instructional Activities | Lesson Concepts/Content | Goal of Instructional Activity | Materials / Supplies |
|--------------------------------|--|---|---|----------------------|
| Day 2 Step 1 (7 minutes) | Introduction: Question of the Day: What is Aloha to you today? | -- | -- | |
| Step 2 (7 min) | Random Shapes! Individual/Group Activity | The teacher will shout out different shapes the students must make with different parts of their body, eventually moving to group shapes. | Engaging body/voice/imagination and adding in the layer of working together at the end. | |
| Step 3 | Creating our own “Giving Tree” | Using bodies and teamwork | Engaging with the work | |

| | | | | |
|---------|--|--|---|--|
| (5 min) | | students will create their own versions of who the “Giving Tree” is throughout the story (guided help) | using their body, as well as with each other to create one image. | |
| Step 4 | How did the tree give Aloha? How did we create Aloha today? | Refocus and Reflect | To reinforce the themes of the day by recalling how we showed “aloha” to one another. | |

| Lesson Steps Allotted Time | Instructional Activities | Lesson Concepts/Content | Goal of Instructional Activity | Materials / Supplies |
|--------------------------------|---------------------------|---|---|---|
| Day 3 Step 1 (7 minutes) | Introduction: | -- | -- | |
| Step 2 (3 min) | Be The Tree/Aloha Shake | Students will use their bodies to create fantastical and whimsical “tree” shapes; giving our bodies some relief in between by giving ourselves an “aloha shake” in between each pose. | To engage bodies and imaginations and remind students of the themes of the “Giving Tree” through body memory. | |
| Step 3 (10 min) | How WE tell “Giving Tree” | Students will create tableaux and sounds that represent their version of the “Giving Tree.” | Giving students autonomy over the story and re-tell the “The Giving Tree.” | |
| Step 4 (10 min) | Aloha Apples | Students will be given pictures of apples, asked to color them in, and think of three words or images of how THEY will show aloha. | A fun craft to engage artistic whims and be creative in a different medium; encouraging students to draw their aloha they want to give. | Cut-out apples Markers/Colored pencils/crayons Craft Supplies |

| | | | | |
|-------------------|---|---------------------|--|--|
| Step 5 (3 min) | Who am I going to give my apple to? How can I continue to give Aloha? | Refocus and remind. | Connecting all the dots to remind the students that their aloha is for anyone! | |
|-------------------|---|---------------------|--|--|